

As we navigate the complexities of modern life, it's easy to overlook the profound impact that sports can have on our daily lives. As your principal, I want to highlight the transformative power of sports and encourage our students, parents, and staff to embrace its benefits.

Physical Health and Wellness: Regular physical activity through sports improves cardiovascular health, boosts strength and flexibility, and enhances overall wellness. Exercise also reduces stress and anxiety, leading to better mental health.

Life Skills and Values Sports instill valuable life skills such as:

- Teamwork and collaboration
- Discipline and perseverance
- Communication and leadership
- Sportsmanship and respect
- Goal-setting and achievement

These skills transcend the playing field, benefiting our students in academics, personal relationships, and future careers.

Building Character and Confidence: Participating in sports helps our students develop a strong sense of self, building confidence and self-esteem. Overcoming challenges and pushing through difficulties on the field translates to resilience and determination in life.

Connecting Our Community: Sports bring people together, fostering a sense of belonging and community. Cheering on our teams and supporting one another creates lasting bonds and memories.

Embracing the Power of Sports: I encourage everyone to get involved in sports, whether as a participant, spectator, or volunteer. Let's harness the power of sports to shape our lives, build our community, and create a healthier, happier, and more resilient us.

Contributed by - Ms. Aisha S, Principal, RIA Horamavu



Value of the Month

As we navigate the challenges of everyday life, courage is the spark that ignites our inner strength and resilience. This month, we focus on cultivating courage in our thoughts, words, and actions. Courage is not the absence of fear, but the willingness to face it head-on. It's the determination to stand up for what's right, even when it's hard. Courage is the foundation of personal growth, learning, and success.



Editorial Committee:

Ms. Aisha S, Principal

Ms. Pushpa Komala, Teacher

Ms. Somalika Dey, Teacher

Assembly Highlights

Our Respected Chairman Dr. A. F Pinto sir Birthday celebration.

Our school assembly was filled with joy and celebration as we marked a special day - the birthday of our respected Chairman Sir! The students, teachers, and staff came together to make it a memorable occasion.

The program began with a heartfelt welcome song by our school choir, followed by a mesmerizing dance performance by our students. The energy and enthusiasm were palpable as they performed with passion and dedication.

Next, our teachers dedicated soulful renditions of a popular song, accompanied by impressive instrumental performances. The atrium was filled with joy and cheerfulness.

Special Events

Independence Day Celebration

On the occasion of Independence Day, Our school celebrated the spirit of freedom with great enthusiasm and patriotism. The event commenced with the Guard of Honor, presented by our school's student council to welcome the distinguished chief guest. The highlight of the event was the plantation ceremony, where the chief guest planted a sapling, symbolizing growth, progress, and a greener future for our nation.

This was followed by the flag hoisting, where the tricolor was unfurled with pride, accompanied by the national anthem, filling the air with a sense of unity and pride. The school's cultural programs began soon after, showcasing the diverse talents of our students.

The program started with a welcome speech, welcome dance performed by our students, gracefully expressing their love for the country.

The event then moved on to the felicitation of the chief guest, where the principal honored them with a token of appreciation for their inspiring presence.

The celebration concluded with a series of cultural events, including patriotic dances, and musical performances, a pyramid that reminded everyone of the sacrifices made by our freedom fighters and the importance of preserving the independence they won for us. It was a day filled with pride, joy, and a renewed commitment to our country.







Special Events

Tirangaa

A Tirangaa event is a patriotic celebration in India, centered around the national flag, the Tirangaa. These events typically feature a flag hoisting ceremony, followed by the singing of the national anthem, and speeches highlighting India's history and unity. Cultural performances, including dances, songs, and plays, celebrate the nation's diversity and heritage. Participants often dress in tricolor-themed attire, and the venue is decorated with the colors of the flag. These events instill national pride, commemorate the country's independence, and promote unity, reflecting the values of courage, peace, and progress symbolized by the Tirangaa.

Our school proudly celebrated the Tirangaa Event, a tribute to the Indian national flag and the spirit of unity. The entire campus was adorned in the vibrant colors of saffron, white, and green, symbolizing courage, peace, and prosperity. Students participated with great enthusiasm, making the event a memorable one.

The day began with a special assembly, where the significance of the Tirangaa was discussed, emphasizing its role as a symbol of national pride. Students of different schools came together to form a human chain, creatively representing the Indian flag, which was a breathtaking sight and a true reflection of our school's unity in diversity.







Academic Activities

Identify the new word after joining two letters and learn to frame a new word.

Our young learners of grade I had a blast playing the word building game! They joined two letters to form new words and discovered the magic of language. We're so proud of our students for their curiosity and enthusiasm for learning!

Demonstration on How Birds Fly

Our students of grade III 'A' understood the concept of "How birds fly" through physical stimulation. This demonstration helped the students to understand about the flying techniques of birds and differentiate between the upstroke and downstroke in birds flying techniques.

Academic Activities

Demonstration on the Stages of Caterpillar to Butterfly

"Our young explorers became tiny creatures today! In a fun-filled roleplay activity, our students transformed into caterpillars.



Math Activity

Math Activity to reinforce core mathematical concepts through practical, hands-on learning. The activity focused on enhancing students' understanding of basic arithmetic and geometry in a fun and interactive way.

This math activity not only encouraged students to apply their knowledge in a playful setting but also promoted teamwork and problem-solving skills. It was a highly successful and enriching experience, making learning math enjoyable for everyone involved!

Sum of the Day

Students of grade I and II solved the sums on addition and subtraction and Students of grades III to V solved the sums on multiplication and division in a creative way.It helped them develop addition, subtraction, multiplication and division have skills, build their math abilities and have fun solving problems to find the Sum of the Day.

ELEP (English Language Enrichment Program)

The English Language Enrichment Programme aims to build confidence and improve the English language skills of learners from grades I to VI. The students' efforts are recognised by way of tokens. Tokens are given to the learners when they use language appropriately during activities in class, participate enthusiastically and make an effort to use language, demonstrate understanding of the questions or explanation and respond to the same confidently, participate in classroom interaction and discussion, and are appreciated by other subject teachers for their answers, responses, and participation. Teachers record the tokens given away to the learners every day in the Token Record Sheet. Every month, the class getting the most tokens will be declared the winner and will receive a rolling trophy.







Academic Activities

Science Activities

How a compass works - Grade III 'A'

"NAVIGATING THE FUTURE, ONE DEGREE AT A TIME!"

Our students recently embarked on an adventure to discover the wonders of magnetism and navigation! With compasses in hand, they explored the basics of magnetic fields and learned to find their direction. Through interactive challenges and obstacle courses, our young explorers developed problem-solving skills and gained hands-on experience with this essential navigation tool. The learning objectives were:

- 1. Understand the basic principles of magnetism and magnetic fields.
- 2. Learn how a compass works and its components.
- 3. Practice using a compass to determine direction.
- 4. Develop problem-solving skills through navigation challenges.

"Adaptation in Animals" Skill Enrichment Activity - Grade IV

Students from grade IV 'A' at Ryan International Academy Horamavu extended their study on "Animal Adaptation" by creating finger puppets. They used these puppets to perform role plays, showcasing their understanding of how different animals adapt to their environments. The class was divided into four groups, each presenting their animals with enthusiasm and creativity. This hands-on activity not only reinforced their knowledge of adaptations but also fostered teamwork and presentation skills. The project was a fun and engaging way for the students to learn and share their insights on the fascinating ways animals survive and thrive in the wild.

Fibre to Fabric - Grade VI

In the grade VI science lesson on "Fibre to Fabric," students learnt about weaving by using two different colored strips of paper. After watching a video demonstrating various weaving methods, students engage in a hands-on activity where they practice these techniques.

This experiential learning helps students understand the weaving process and its significance in fabric production. By physically weaving the paper strips, students gain a deeper appreciation for the complexity and creativity involved in making textiles. Learning outcomes include recognizing different weaving patterns, understanding the basic principles of weaving, and developing fine motor skills and patience through practical application.

Yardstick Activity (Three meals of the day)

Students from grade I performed Yardstick Activity about Three meals of the day i.e., Breakfast, lunch and dinner.

The activity box consists of a circular chart, stickers of three meals, timings and various types of food.

Students stick three meals of the day on the respective partitions along with the timings and also choose the right food that they will have at that particular meal.

Breakfast - 8AM to 9AM - Idly, Dosa, Poori **Lunch -**12PM to 1PM - Salad, Rice/Roti, Chicken curry/Dal **Dinner -** 7PM to 8PM - Rice/Roti, Chicken curry/Dal

Activities

Learning Outcomes: Students will learn to list out the three meals of the day, identify the timings to have those meals and also they will be able to choose the particular food they want to eat at that particular meal.

Lifecycle of Different Animals

Students from grade IV conducted the activity of Lifecycle of different animals, understanding the developmental stages of Frog, cockroach and butterfly. They enjoyed the activity and it was a fun filled day where they learned Science using their creativity and in an innovative way.

Jitterbug - Grade VI

At Ryan International Academy Horamavu, grade VI students enhanced their understanding of the "Measurement and Motion" lesson through the Yardstick activity "Jitterbug." With guidance from their teacher, they created a bug that demonstrated various types of motion, including rectilinear, oscillatory, and circular motion. This hands-on activity involved assembling a moving bug using a battery, motor, bug body, toothpick, hook, and double-sided tape. The Jitterbug not only brought the concepts of motion to life but also provided a fun and interactive way to explore these scientific principles. Students enjoyed the creative process and were excited to see their handmade bugs in action, reinforcing their learning in an engaging manner.







Vocal Music

One of the exciting aspects of our vocal music curriculum is the opportunity to participate in choir and solo performances. These experiences help us build confidence, teamwork, Singing together in a choir teaches us how to listen and harmonize with others. In our lesson we've been exploring different songs: The Earth, I am Strong Motivational song, Patriotic Songs. And also teaching children Breath control and vocal warmup exercises to make them to Sing with proper pitch and timing.







Dance

Freestyle and Contemporary

This month, our school's dance program shines a spotlight on two vibrant and expressive dance styles:

Activities

Freestyle and Contemporary - Both of these styles offer students a creative outlet to express emotions, tell stories, and explore movement in unique ways.

Freestyle Dance - Freestyle, as the name suggests, is all about spontaneity and individuality. It allows dancers to move without a set structure, following the rhythm and energy of the music. In freestyle, dancers rely on improvisation, often blending moves from different dance genres such as hip-hop, jazz, and street dance. This style encourages creativity and self-expression, making it perfect for students who love to move to the beat in their own way. Whether it's at a school event, talent show, or just a fun gathering, freestyle dancers never fail to captivate audiences with their originality and flair.

Contemporary Dance - In contrast, contemporary dance combines elements from modern, jazz, ballet, and lyrical styles. It is known for its fluidity and emotion-driven movements. Contemporary dancers focus on connecting their mind and body to the music, often using dynamic changes in pace and motion to convey a story or evoke a feeling. This style allows students to experiment with movement, often incorporating floor work and intricate body shapes. It's a favorite in our dance program for its artistic freedom and emotional depth, giving students a chance to explore a more expressive side of dance.

Both freestyle and contemporary dance offer students opportunities to explore new ways of moving, build confidence, and develop their own unique style. Keep an eye out for upcoming performances where these dancers will showcase their incredible talents!







Events

Friendship Day - Grades I to VI

The poetry recitation competition for grade I & II students was held on 4th August 2024, and it was a truly unforgettable event! The young poets took to the stage with confidence and enthusiasm, reciting their chosen poems with expression and feeling.

The competition saw a talented group of students showcase their language skills and creativity, with poems ranging from heartfelt odes to friendship to imaginative tales of adventure.

On the occasion of Friendship Day, students from grades III to V participated in a fun and creative activity, "Friendship Band" making. They designed and crafted their own colorful wristbands with meaningful words and symbols, representing the bond of friendship. As they worked together, they shared laughter

and stories, strengthening their relationships. The activity celebrated the spirit of friendship, and the bands served as a reminder of the special connections they share with their friends.

On 4th August 2024, grade VI students participated in an essay writing activity on the theme "Best Friends Make Good Times Better and Hard Times Easier". Through their heartfelt and thoughtful essays, students expressed the joy and support they receive from their best friends, and how these friendships help them navigate life's challenges. The activity aimed to encourage students to appreciate the significance of friendships, develop their writing skills, and celebrate the power of friendship in making life's journey more enjoyable and manageable. Overall, the essays showcased the beauty of friendship and its impact on their lives, and demonstrated the students' understanding of the value of true friendship.







World Elephant Day - Grades I to V

On World Elephant Day, grade I & II students participated in a fun and imaginative storytelling activity. Shown a picture of an elephant, they crafted their own unique stories, transporting us to a world of adventure and friendship with vivid descriptions and exciting plotlines. This activity encouraged creativity and imagination, developed language and communication skills, and fostered a love for storytelling and creative expression. We were amazed by the students' creativity and enthusiasm, as their stories were filled with humor, kindness, and exciting adventures, making this activity a truly unforgettable experience.

Students from grades III to V showcased their creativity and artistic skills through a picture composition activity on the theme "Elephants are our Friends". Using vibrant colors and imaginative designs, they brought to life the special bond between humans and elephants, highlighting the importance of friendship, kindness, and compassion towards these gentle giants. Through this activity, students demonstrated their understanding of the topic while expressing their thoughts and ideas through visual representation, resulting in a stunning display of artwork that celebrated the beauty of friendship and the wonder of elephants!







Independence Day - Grades I to VI

On Independence Day, grade I & II students became brave freedom fighters through a fun roleplay activity! They dressed up and acted out the roles of national heroes like Mahatma Gandhi and Bhagat Singh, showing they understood the importance of fighting for our country's freedom. With big smiles and lots of energy, they worked together, used their imagination, and showed pride in our nation's history. By pretending to be freedom fighters, our young students learned valuable lessons about teamwork, courage, and the significance of Independence Day.

Grades III to V students unleashed their creativity and patriotism through a vibrant t-shirt painting activity, celebrating Independence Day! With colors and designs, they brought to life the spirit of freedom and unity, adorning their t-shirts with inspiring slogans, national symbols, and iconic figures. This activity encouraged self-expression, fine motor skills, and teamwork, while fostering a sense of national pride and appreciation for India's rich heritage. The result was a stunning collection of wearable art, showcasing their imagination and creativity!

Grade VI students showcased their vocal talents and patriotic spirit through a house-wise singing competition, celebrating Independence Day! With passion and enthusiasm, they rendered soulful renditions of iconic patriotic songs, filling the air with national pride and fervor. Each house presented a unified performance, demonstrating teamwork and harmony. The competition was a testament to the students' love for their country and their ability to express it through music. Congratulations to the winning house and all participants on a melodious tribute to India's independence!







Raksha Bandhan - Grades I to VI

Students from grades I to V celebrated the spirit of Raksha Bandhan with a colorful Rakhi making activity! With creativity and enthusiasm, they crafted beautiful Rakhis using vibrant threads, beads, and decorations. This activity encouraged teamwork, fine motor skills, and creativity while teaching the students about the significance of this special festival. As they made Rakhis for their brothers and friends, they learned about the values of love, care, and protection that Raksha Bandhan embodies. The result was a stunning collection of handmade Rakhis, symbolizing the bond of love and friendship.

Grade VI students showcased their creative flair and emotional depth through a self-composed poetry recitation on the complex and beautiful bond of siblings. With heartfelt words and expressive voices, they brought to life the intricate dynamics of sibling relationships, capturing the essence of love, strife, competition, and lifelong friendships. Their original poems resonated with authenticity and sensitivity,

highlighting the unique experiences and emotions that define siblinghood. This activity encouraged creativity, self-expression, and confidence, leaving a lasting impression on all who witnessed it.







Chairman Sir Birthday - Grades I to VI

Grade I & II students celebrated Chairman Sir's birthday with a fun and creative origami activity! With colorful paper and nimble fingers, they crafted delightful origami designs, including flowers, birds, and more. This engaging activity encouraged teamwork, fine motor skills, and creativity while teaching the students about the art of paper folding. As they presented their origami gifts to Chairman Sir, their beaming smiles and joyous laughter filled the air, making this birthday celebration truly special.

Grade III & IV students expressed their heartfelt wishes and gratitude to Chairman Sir on his special day through a thoughtful letter writing activity. With sincerity and creativity, they penned personalized letters, sharing their favorite memories, appreciation for his guidance, and warm birthday greetings. This activity encouraged writing skills, self-expression, and empathy while teaching the students the value of acknowledging and respecting leaders. As they poured their thoughts onto paper, they learned the joy of connecting with others through meaningful words.

Grade V & VI students showcased their artistic talents and warm wishes for Chairman Sir's birthday through a creative greetings card making activity. With vibrant colors, innovative designs, and heartfelt messages, they crafted unique and personalized cards, expressing their appreciation for his leadership and guidance. This activity encouraged creativity, self-expression, and teamwork while teaching the students the value of thoughtful gestures and meaningful connections. As they presented their handmade cards to Chairman Sir, their pride and joy were evident, making this birthday celebration truly unforgettable.







National Sports Day - Grades I to VI

Grade I & II students celebrated National Sports Day with an exciting word search activity, exploring the world of sports! With eagerness and enthusiasm, they searched for sports-related words hidden in a puzzle, developing their problem-solving skills and vocabulary. This engaging activity encouraged teamwork, attention to detail, and a love for sports, while introducing them to various sports terminology. As they successfully found each word, their faces lit up with joy and accomplishment, making this activity a winning experience for all!

On National Sports Day, students of grade III and IV participated in an elocution competition, passionately expressing their thoughts on the topic "Life is Incomplete Without Sports". With confidence and conviction, they delivered powerful speeches, highlighting the significance of sports in shaping individuals and society. They emphasized how sports teach valuable life skills, foster teamwork, and promote physical and mental well-being. The students' eloquence and persuasive arguments showcased their understanding of the importance of sports, inspiring the audience to embrace a healthy and active lifestyle.

Grade V students celebrated National Sports Day with a dynamic role play activity, paying tribute to their sports heroes! They chose their favorite sports personalities, researched their lives, and brought their stories to life through captivating performances. With enthusiasm and dedication, they portrayed the struggles, triumphs, and values of their idols, showcasing the impact of these inspiring figures on their own lives. This activity encouraged creativity, public speaking, and teamwork while instilling a sense of admiration for the perseverance and achievements of sports legends.

Grade VI students demonstrated their oratory skills and passion for sports through a speech competition on National Sports Day, emphasizing the significance of sportsmanship. With conviction and confidence, they delivered compelling speeches, highlighting the value of fair play, respect, and grace in victory and defeat. They stressed how sportsmanship builds character, fosters teamwork, and promotes a positive sporting culture. The students' eloquence and persuasive arguments showcased their understanding of the essential life skills that sportsmanship embodies, inspiring the audience to embrace the true spirit of sports.







Where Creativity Meets Ingenuity

At Ryan School's Innovation Academy, students from grades I to VI had the opportunity to showcase their creativity and problem-solving skills by creating models on various topics in the school's innovation lab. The event aimed to encourage young minds to think critically and apply their knowledge to real-world

Innovation Academy

problems through hands-on experimentation. These projects not only highlighted the students' understanding of science and technology but also fostered a spirit of curiosity and invention.

Each grade worked on a different topic, on Anti flood house, Magnetic balance, Working model of any household machines, Electric Mop, Magnetic swing. The students designed and built impressive models using materials like recycled items, electronics, and craft supplies, demonstrating their innovative ideas and technical abilities.







Sports

Ryan School is proud to offer a wide variety of sports classes that provide students with the opportunity to develop their athletic skills and physical fitness. These classes focus on popular sports such as skating, futsal, cricket, basketball, and taekwondo, ensuring that students engage in activities that promote teamwork, coordination, and discipline.

In skating classes, students learned to master balance and agility, gliding smoothly across the rink while practicing different techniques. Futsal, a fast-paced indoor version of soccer, helped students sharpen their footwork, passing skills, and game strategy in a compact playing environment. The cricket sessions were filled with energy, as students practiced their batting, bowling, and fielding techniques, embracing the spirit of one of India's most beloved sports.

Basketball classes focused on building endurance, dribbling, and shooting accuracy, with students showing remarkable improvement in their teamwork and on-court communication. The taekwondo sessions introduced students to self-defense techniques, promoting discipline, focus, and respect while building strength and flexibility.

These sports classes are a crucial part of Ryan School's physical education program, offering students not only physical fitness but also life skills such as perseverance, teamwork, and discipline.









PARENT'S CORNER

We are delighted with our experience at Ryan International Academy, Horamavu. The school has consistently impressed us with its commitment to holistic education and overall development. Here are the key aspects that stand out:

Balanced Approach: The school strikes a perfect balance between academic excellence and co-curricular activities. Our child has ample opportunities to explore and grow in all aspects of learning.

Quality of Activities: The range of activities organized by the school is commendable. From physical fitness to social engagement and intellectual stimulation, our child benefits from a well-rounded curriculum.

Monthly Planners: The monthly planners sent by the school have been a game-changer. They help our child prioritize subject knowledge, manage study time effectively, and develop strong organizational skills.

Administrative Support: The administrative team deserves special recognition. Their exceptional support ensures smooth operations and a positive experience for parents and students alike.

Principal's Leadership: We extend a big shout-out to the Principal Mam for her visionary leadership. Her dedication to making the school the best in Bangalore inspires confidence.

Right Decision: Sending our child to Ryan International Horamavu was undoubtedly the right decision. We appreciate the school's commitment to nurturing young minds.

In summary, we are extremely satisfied with the school's progress and the cooperative attitude of the teachers. Keep up the good work, and we wish Ryan International Academy Horamavu continued success!

> - Ms. Gisha K. G, Parent of Liya Bijoy - Grade V



PARENT'S CORNER

I would like to take this opportunity to appreciate for having conducted inter school competition for the kids which will help building their confidence and competitive spirit.

It's good to see that unlike other institutions where the focus is entirely on academics here in RIA equal importance is being given to extra curricular activities as well.

We are parents of Pavishka. A. K would like to thank all the teachers and staff for encouraging the kids. Hope to see many more such competitions/events in the future as well.

- Ms. Kavitha Anil Kumar, Parent of Pavishka - Grade I





As we step into the month of August, we are filled with excitement and anticipation for the new experiences and opportunities that lie ahead. The past month has been a whirlwind of activities, and we're proud of our students for their achievements and participation.

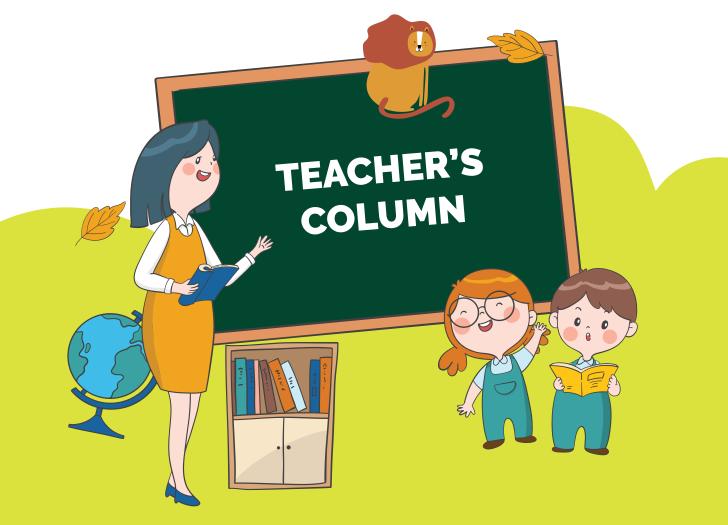
August - A Month of Freedom and Joy

August is a special month, marked by the celebration of our nation's Independence Day. It's a time to reflect on our freedom and the sacrifices made by our heroes. It's also a time to rejoice in the simple pleasures of life and to spread joy and happiness around us. As we celebrate our nation's 75th Independence Day, we are reminded of the power of unity and the importance of embracing our diversity. Our school's recent Tiranga event was a testament to this spirit, where we came together to form a massive human flag, symbolizing our commitment to our country's values.

- Ms. Pushpa Komala, Class Teacher - Grade II

As we look back into the month of August at Ryan International Academy, Horamavu, proudly recalls a series of momentous events that truly embodied the essence of freedom, unity, and pride.

Our journey began with the Independence Day celebration on 15th August, a day dedicated to honoring the brave souls who have shaped our nation's history. Together, we proudly hoisted the Tiranga and paid tribute to the heroes who have given us the gift of freedom through March Past, pyramid display and cultural events in presence of some esteemed guests.



Later in the month, on 28th August, we came together to celebrate the birthday of our esteemed Chairman Sir Dr. A. F Pinto. His unwavering vision and leadership have been the cornerstone of our academy's success, and we remain forever grateful for his guidance.

The month culminated with the much-anticipated Tirangaa event, an inter school competition that brought together young talents from across the city. This celebration of our tricolor flag was a showcase of creativity, passion, and national pride.

I extend my heartfelt congratulations to all for a month filled with learning, celebration, and unity. Thank you for making these events truly memorable.

- Ms. Somalika Dey, Class Teacher - Grade VI

Upcoming Events

- National Nutrition Week
- Teachers Day
- Half Yearly Examination

